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AESTHETICS & ANTI-AGING MEDICINE & SURGERY
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INFORMED-CONSENT: FAT TRANSFER

PROCEDURE FOR TREATMENT:

Harvesting fat from one area of the body for reinjection into another. The fat is usually collected from the abdomen, buttocks, or thigh using a liposuction technique. The collected fat is then prepared before reinjection into the new area.

When to Consider Fat Transfer:

- If you have facial areas that appear creased and sunken.
- If you desire more permanent correction than provided by temporary fillers.
- If you wish to improve your body contour, revise scars, fill bodily depressions and rejuvenate your hands and face.

I, _____ hereby authorize Dr. Kambiz Tajkarimi and such assistants as may be selected to perform the following procedure or treatment. **FAT TRANSFER INCLUDING FAT INJECTIONS AND FAT GRAFTS.**

1. I recognize that during the course of the operation and medical treatment or anesthesia unforeseen conditions may necessitate different procedures than those above. I therefore authorize the above physician and assistant or designees to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable.
2. I contest the administration of such anesthetics considered necessary or advisable. I understand that all forms of anesthesia involve risk and the possibility of complications, injury, and sometimes death.
3. I understand what my surgeon can and cannot do, and I understand there are no warranties or guarantees, implied or specific about my outcome. I have had the opportunity to explain my goals, and understand which desired outcomes are realistic and which are not.
4. I understand that my own fat may be used to improve the appearance of the body by moving it from an area where it is needed to an area that has lost tissue volume to an area that needs to be improved. The transferred fat results in an increase in volume of the body site being treated.
5. After the procedure, the fat that has been transferred can be absorbed by the body from 20% to 40% even if you have all the best post operative care that your surgeon indicated.
6. The fat can be injected in the intramuscular area to increase the best results.
7. Most patients will experience discomfort around the treated area for 1-3 days and may also notice a dull ache for a further 1-4 weeks. You may also notice some swelling and bruising. Possible complications include the risks outlined with the prescribed medications and the risk associated with any surgical procedure.

Initials

8. After you have a fat grafting procedure you cannot be injected with any kind of medicine in the area that has been treated.

9. In the post operative time can be induration and feeling cords and nodules that will disappear between 3 to 6 months. It is possible that you feel restricted to move especially in your inner thighs and arms.

10. The attending surgeon explained to me that liposuction, as any surgical procedure, involves a number of risks, complications and side effects, which were explained to me enough to warn me that the advent of these does not depend on a good or bad surgical technique.

These risk, complications, side effects and others are:

Inflammation: These areas where liposuction is performed will be swollen and bruised, probably that you also feel a burning sensation and heat. While most of the swelling disappears in one to two months after surgery, some swelling could remain for six months or so.

Bleeding: It is possible that during surgery or after a bleeding episode occurs, which may be required for treatment to drain accumulated blood or a blood transfusion may be required. For this reason the attending surgeon informed me that in the ten days prior to the surgery I should not take aspirin or other anti-inflammatory medicine, natural medicine or supplements that need to be indicated by the doctor since it may increase the risk of bleeding.

Infection: Although infection is rare after liposuction, there may be an infection that will require additional treatment such as the administration of antibiotics, hospitalization, and or even eventually the realization of another surgery.

Changes in Skin Sensitivity: Temporal changes can happen, after the realization of liposuction or fat transfer that is usually resolved. The decrease of complete loss if cutaneous sensitivity occurs infrequently of another surgery.

Skin Irregularities: Irregularities and depressions of the skin after liposuction or fat transfer treatment may occur. There may be a visible and palpable folding of the skin, which eventually will require additional treatments. In the post operative time can be induration and feeling cords and nodules that will disappear during 6 months. It is possible that you feel restricted to move especially in your inner thighs and arms.

Asymmetry: It cannot be obtained from the symmetrical appearance of the body after liposuction or a fat transfer treatment, because there are many factors such as skin tone, bony prominences and muscle tone that may contribute to normal asymmetry in body features.

Pulmonary complications: The fat embolism syndrome occurs when fat droplets are trapped in the lungs. This is a rare and serious complication of liposuction. If a fat embolism or other pulmonary complications occurs it may need additional treatment including hospitalization.

Initials

Fat Necrosis: Some fat cells may respond differently to injury. Instead of forming scar tissue, the fat cells die and release their contents. This forms a sac-like collection of greasy fluid called an oil cyst.

It is important that you read the above information carefully and have all of your questions answered before signing this content.

IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:

1. THE ABOVE TREATMENT OR PROCEDURE TO BE UNDERTAKEN
2. THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
3. THERE ARE RISKS TO THE PROCEDURE OR TREATMENT PROPOSED.

I GIVE MY CONSENT FOR THE TREATMENT OR PROCEDURE AND ACCEPT ALL THE ABOVE MENTIONED.

Patient Name

Date

Patient Signature