

An aerial, high-angle photograph of a city street intersection at night. The image is characterized by long-exposure light trails from vehicles, creating vibrant streaks of orange, red, and white across the road. The surrounding buildings are modern, with many windows illuminated from within, casting a warm glow. The street is marked with white lines and arrows, and some vehicles are visible in motion. The overall scene conveys a sense of urban energy and modern architecture.

Total Definer High Definition Liposuction and Fat Transfer

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A man and a woman are shown from the waist up, standing on a beach. The man on the left is wearing blue and white patterned swim trunks and has a tattoo on his left shoulder. The woman on the right is wearing a black bikini top and bottom with gold studs. A large, white, brushstroke-like graphic is overlaid on the image, containing the title and list.

Yo Yo Diets, Exercise

- Healthy Diet & Exercise are crucial
- In men, the "six-pack" abdomen or immaculate "hour-glass" female curve defines an athletic and youthful appearance.
- In reality few men or women have the combination of genes, dietary habits, and exercises required to develop and reveal the gorgeous figure hiding under thick fat layers.



Brow Lift	33,883
Ear Surgery	43,408
Eyelid Surgery	132,207
Facelift	57,537
Facial Bone Contouring	10,612
Fat Grafting (face)	56,962
Neck Lift	27,618
Rhinoplasty	85,858
TOTAL FACE & HEAD	448,085

Abdominoplasty	140,774
Buttock Augmentation	75,821
Buttock Lift	3,133
Liposuction	248,112
Lower Body Lift	5,562
Thigh Lift	7,736
Upper Arm Lift	14,832
Labiaplasty	18,476
TOTAL BODY & EXTREMITIES	514,445

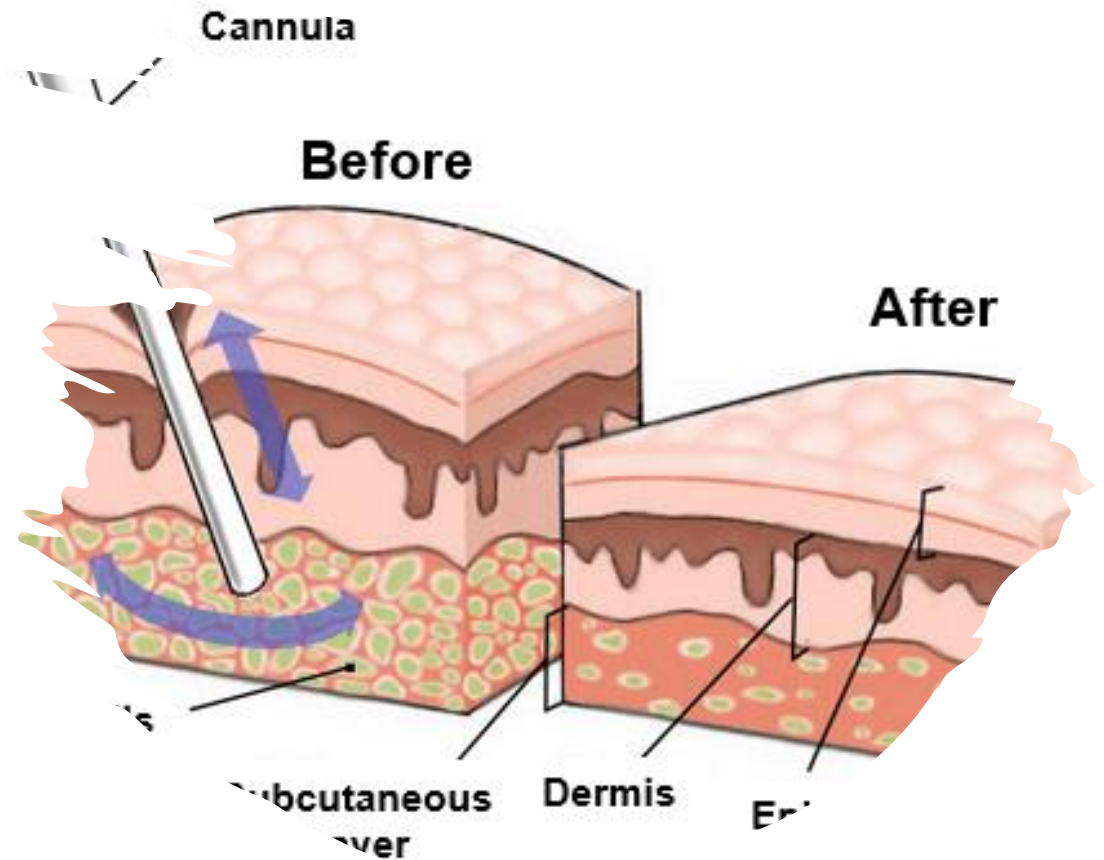
BREAST	
Breast Augmentation	275,283
Breast Implant Removal	14,576
Breast Lift	108,681

MOST COMMON PROCEDURES		
	TOTAL	% OF TOTAL
Breast Augmentation	275,283	18.4%
Liposuction	248,112	16.6%



State of Body Contouring and Liposuction in Northern Virginia

- All known cosmetic surgeons in northern Virginia are only trained in traditional liposuction and tummy tuck
- No detailed body definition
- Limited use of technology
- Mid Atlantic region is years behind other major cities in offering better, safer and most cosmetic options for body contouring



Traditional Liposuction vs High Definition Liposuction

Traditional

- Debulking
- Vacuum suction and rough instruments
- Make fat body, less fat
- Cannot remove most fat, only deep fat

High Definition

- Attractive, athletic, sexy
- Combine technology, art and skills to sculpt beautiful body to enhance their healthy diet and exercise.
- Can remove deep fat and superficial fat and place fat in desired areas



Traditional Liposuction –
No definition. Not Ideal



Traditional Liposuction –
No definition. Not Ideal

A side-by-side comparison of a person's back and buttocks. The left side shows the 'Before' state with a rounded, soft appearance. The right side shows the 'After' state with a more defined, contoured shape. The person is wearing a black top and light-colored underwear. A vertical white line separates the two images. A large, stylized white graphic of a person's back is visible on the right side of the image.

Traditional Liposuction –
No definition. Not Ideal

Before

After

BEFORE

AFTER

Traditional Liposuction –
No definition. Not Ideal

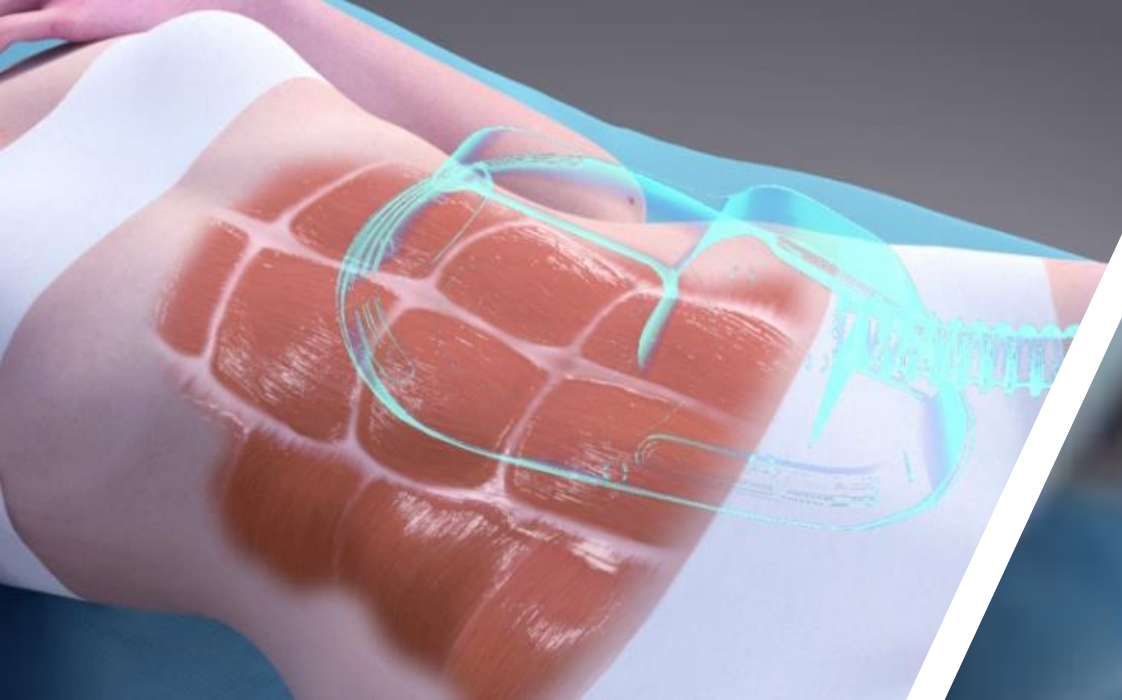




Alfredo Hoyos
Inventor of High
Definition Liposuction
Bogota, Colombia

The most respected
liposuction expert in
the world and the
most sought after
surgeon by celebrities





 **BODYTITE**
FACIAL & BODY CONTOURING



 **VASERlipo™**



2020 SNACK AWARDS: FASTER, BETTER

Men's Health

EXCLUSIVE!

LENNY IN LOCKDOWN

THE
ROCK GOD'S
SECRETS
TO STRENGTH,
SANITY, AND
ABS LIKE THESE
AT 56

HOW TO ESCAPE

- > ANXIETY
- > BACK PAIN
- > BORING
WORKOUTS
- > YOUR
HOUSE

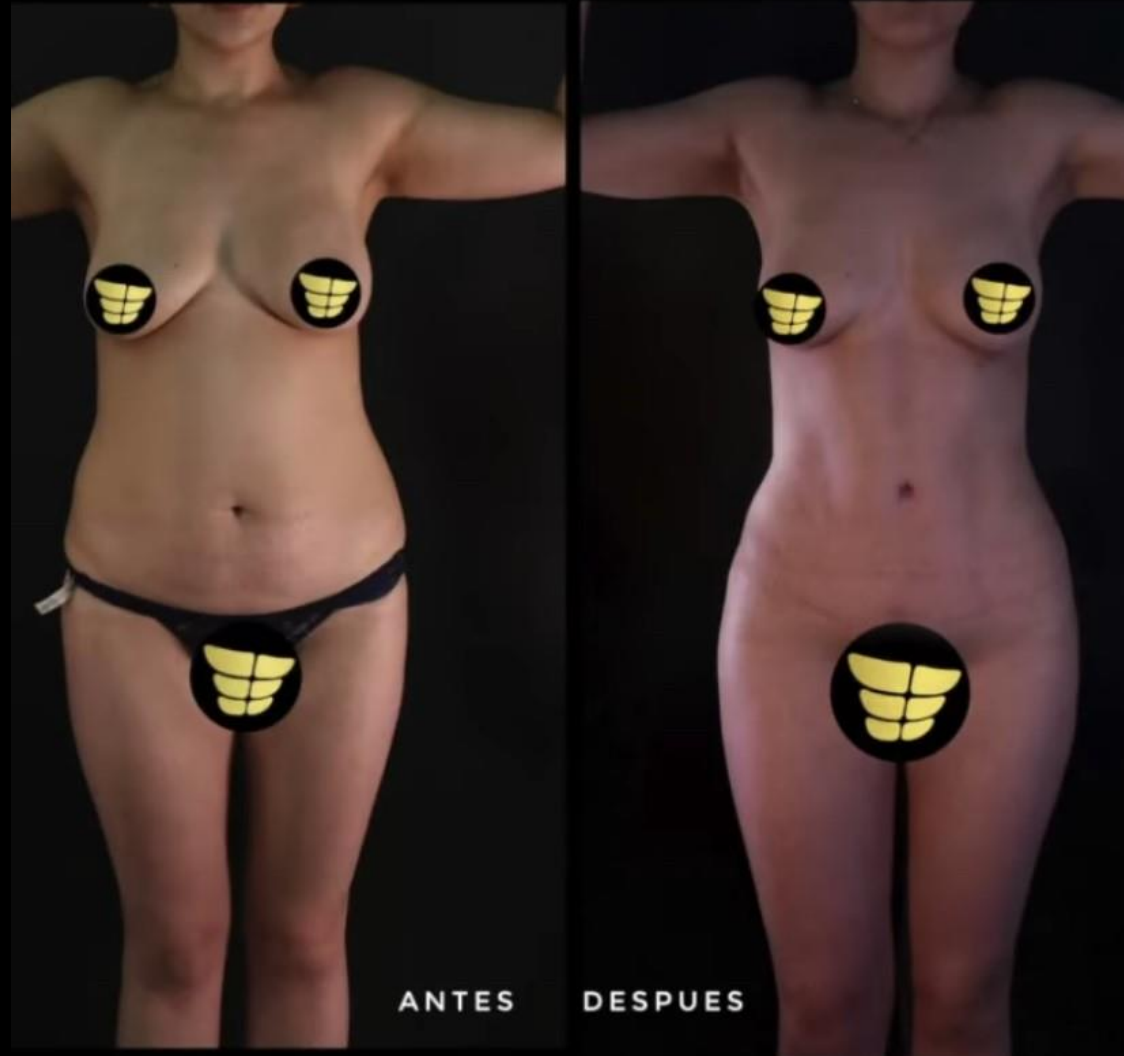
BONUS:
Fitter After

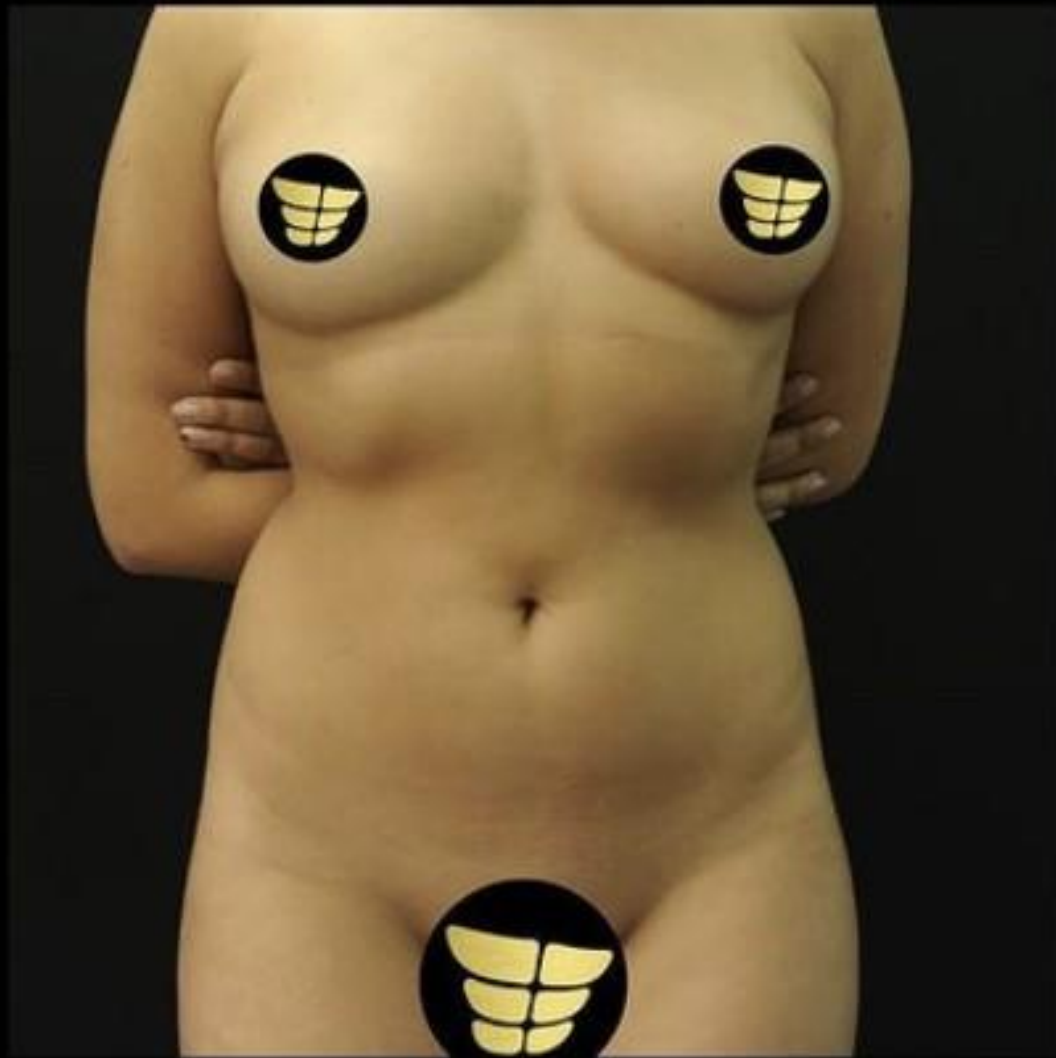
15-SECOND FITNESS

5 INSANE
WORKOUTS



HD







HIGH DEFINITION LIPO



BEFORE



AFTER



1



2



Advanced Buttock
Augmentation with EVL





BY ALFREDO HOYOS

TOTAL DEFINER MASTERCLASS









HIGH
DEF LIPO





 Before

 After

But What is Total Definer?

THIS IS



BEFORE



BEFORE

AFTER

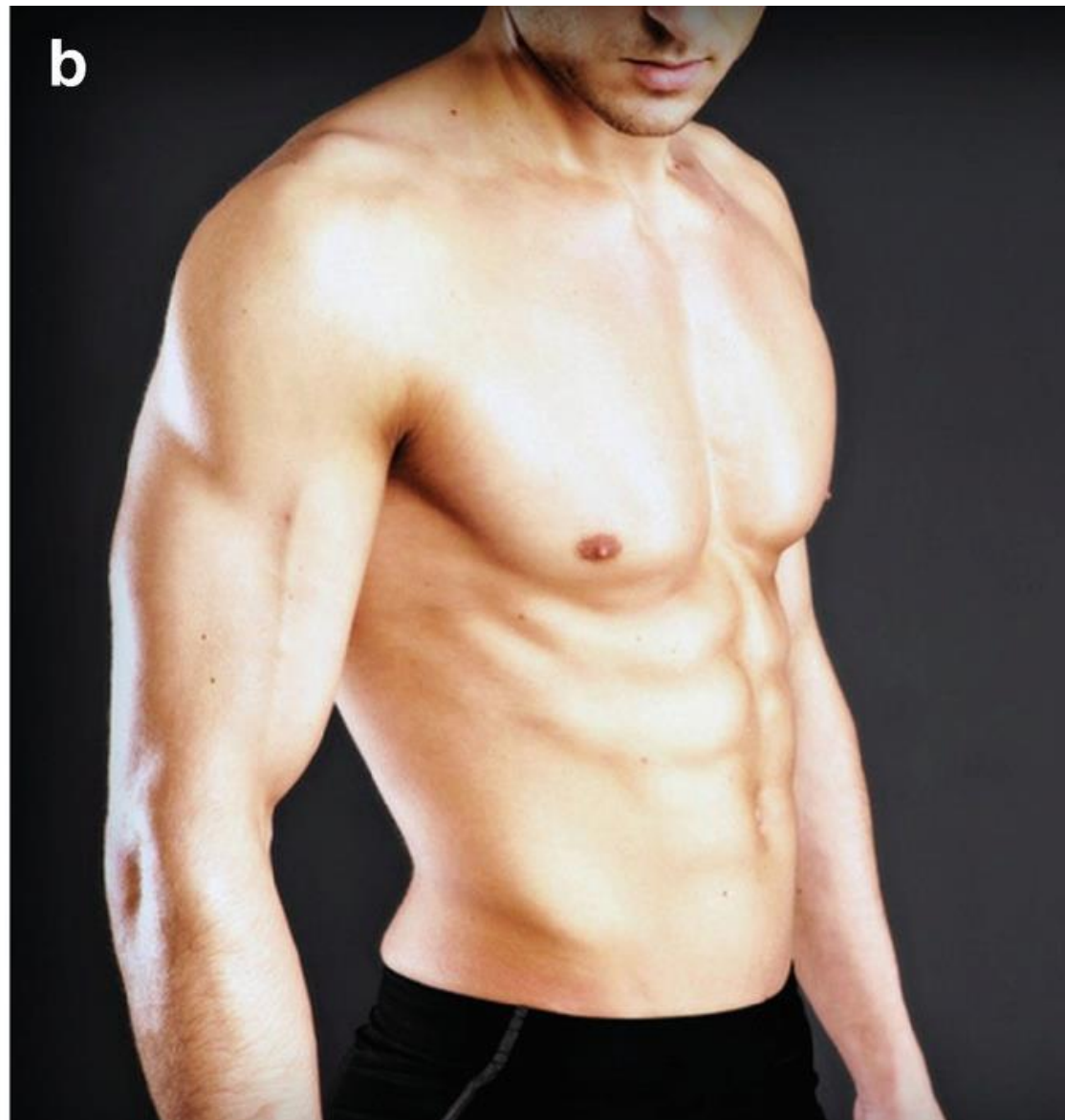


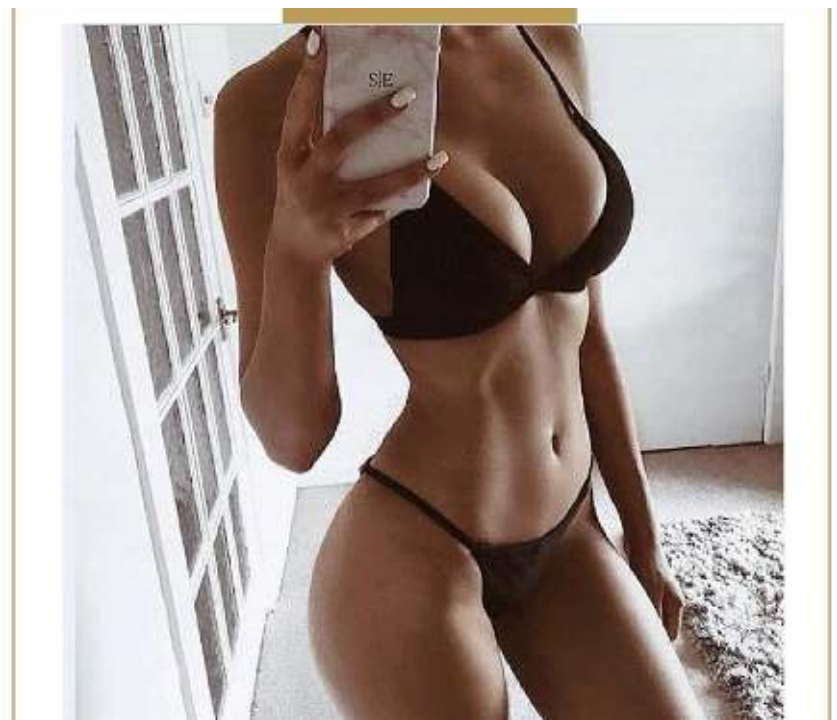
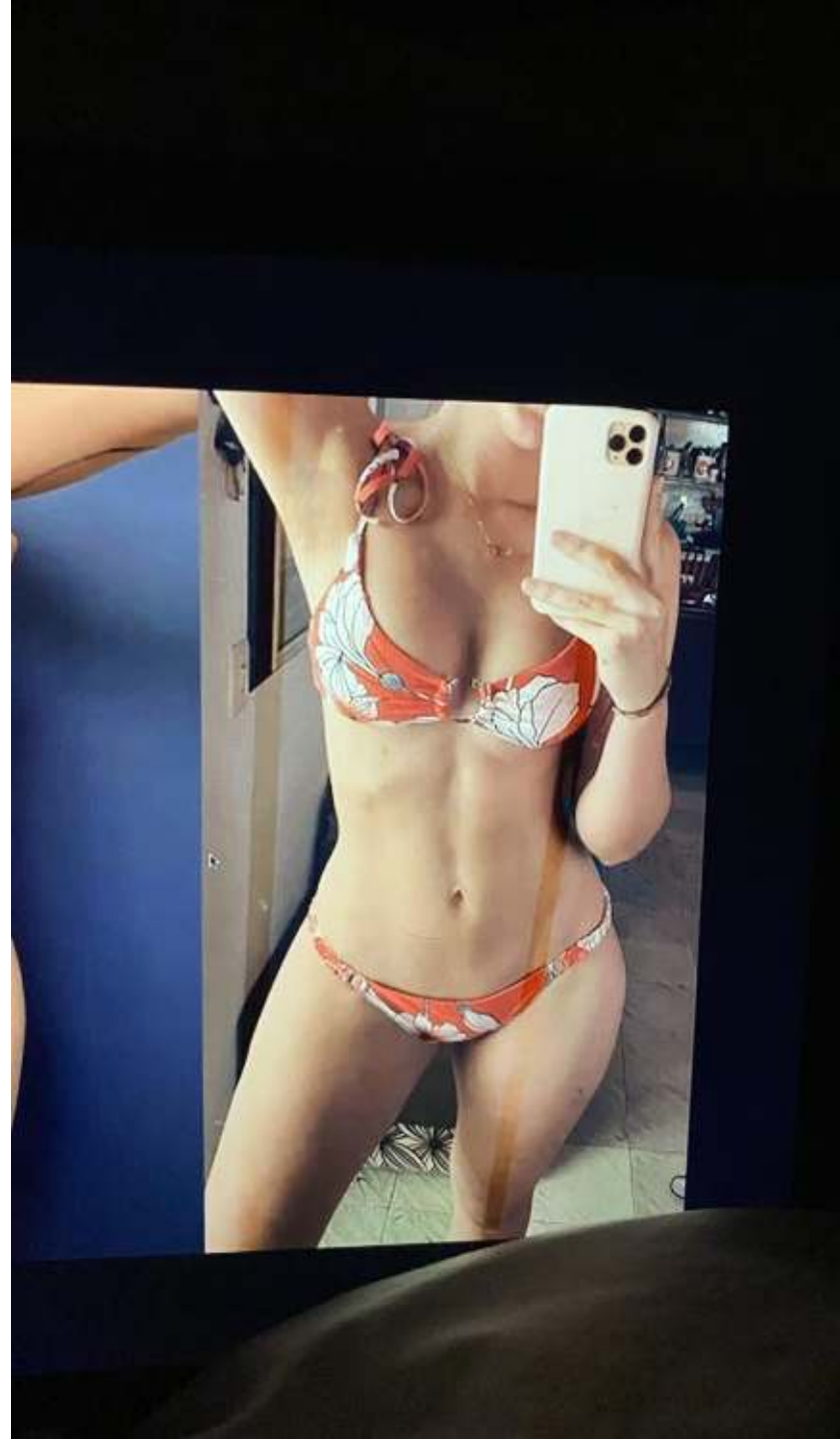


a



b









COMPARATIVE ANATOMY

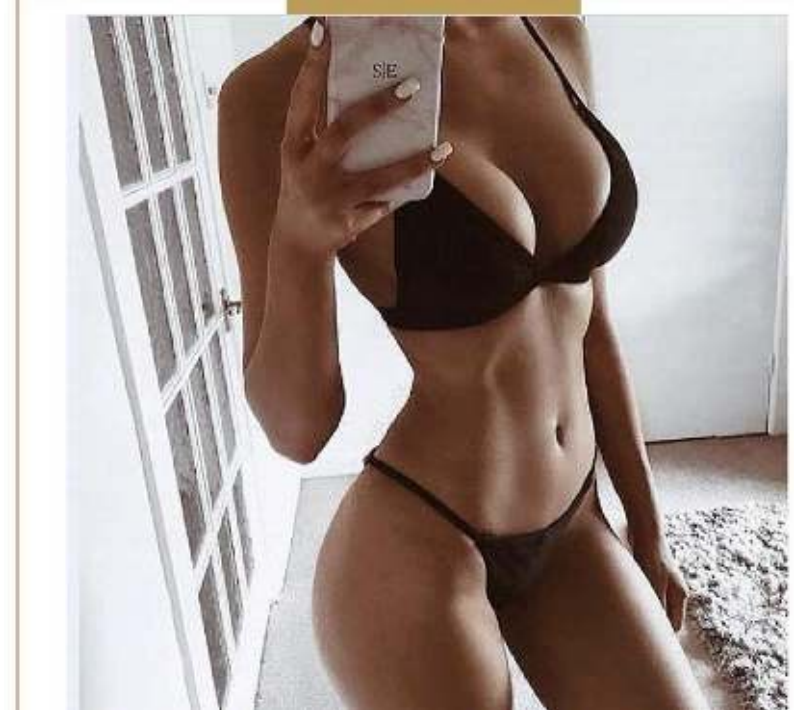
Feminizing Facets



...les diferencias entre hombres y mujeres? Ya vimos la descripción en h
ncipalmente dos planos. Un plano interno que en realidad va hacia ade
que va hacia afuera y literalmente en la parte media de la espalda,
completo de 6, músculos muito poderosos no interior, temos que
combiná-lo com o que vemos nas costas posteriores. O que são as



significar una espalda más musculosa, más en forma de V y específic
la parte superior del torso y describe toda la parte posterior de la part
y ahí es donde se puede ver la diferencia.
...o mais musculosos, mais em forma de V e especificamente mais





Duration of Surgery



Total body definition for men and women 2-3 hours under local, IV sedation or general anesthesia.



Pain minimal, managed with oral medications.



Outpatient / Overnight stay in observation recommended for some cases



Safety: High Def liposuction is safe, low risk procedure



Risks: (very low) Bleeding, infection, seroma, contour deformities (less with HD lipo)

